



SITUATION

Kaleida Health

As part of its Community Service Plan, this 988-bed hospital system, serving 1.5 million people in 8 counties, needed to increase screening rates for cardiovascular disease – especially among disparate populations.



SOLUTION

Kaleida Health focused on the annual OB/GYN visit as a way to increase the percentage of women screened for cardiovascular disease. Using SHG Essentials, Kaleida Health was able to engage Women's Health Centers and navigate women with exclusive gender-specific cardiovascular risk assessment prompts and tools to facilitate risk stratification during patient visits. The robust SHG Essentials online library provided Kaleida Health's team with all the education it needed to keep its community heart healthy – with topics on major risk factors, such as physical inactivity, poor diet, high blood pressure, high cholesterol, obesity, and diabetes. Patients at risk for cardiovascular disease were referred to a Kaleida Health primary care physician or cardiologist.



SUCCESS

Since launching the SHG Essentials program, Kaleida Health has successfully addressed the high rates of cardiovascular disease among women in its community.

Specific results include:

31%
of women screened
at annual OB/GYN visits
(up from 0%)

100%
of all 126 participants
(staff, providers, residents)
completed assigned
education program



Clinical documentation
built into EMR

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